

# The Beat - 2012 General Information Form

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655 Parkhill Rd W Unit 6 Peterborough, Ont K9J 6N7  
Phone: 705-872-2630 Email: [info@thebeatcamp.ca](mailto:info@thebeatcamp.ca)

## How to Contact Us

### Winter Address:

The Beat Dance Camp  
c/o The Dancer's Closet  
655 Parkhill Rd W Unit 6,  
Peterborough, ON, Canada,  
K9J 6X2

### Summer Address:

The Beat at Lakefield College  
4391 County Rd.#29 Lakefield  
Ontario, Canada  
K0L 2H0

Phone: 705-872-2630

Email: [info@thebeatcamp.ca](mailto:info@thebeatcamp.ca)

## Directions to Lakefield College for camp registration:



Phone contact: 705-872-2630

## Directions from Toronto:

1. Proceed east on Hwy 401 past Bowmanville.
2. Exit right onto Hwy 115 north to Peterborough.
3. Remain on Hwy 115 North to Hwy 7.
4. Merge East onto Hwy 7 toward Ottawa for about 10 km.

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5. Turn left onto Hwy 28 (formerly Hwy 134) north at traffic lights toward Lakefield.
6. Remain on Hwy 28 until it ends at County Road 29 (ignore previous signs to Village of Lakefield).
7. Turn left onto County Road 29 South.
8. Proceed 1 km. on County Road 29, turn right at the School sign.

## Directions from Montreal, Kingston, Belleville:

1. Take Hwy 401 West to Hwy 30 at Brighton.
2. Take Hwy 30 north through Campbellford to Havelock.
3. In Havelock turn left onto Hwy 7 west toward Peterborough.
4. Before Peterborough turn right onto Hwy 28 (formerly Hwy 134) north toward Lakefield.
5. Remain on Hwy 28 until it ends at County Road 29 (ignore previous signs to Village of Lakefield).
6. Turn left onto County Road 29 south.
7. Proceed 1 km. on County Road 29, turn right at the School sign.

## Directions from Ottawa, Hull, Gatineau:

1. Take Hwy 417 West to Hwy 7 (Carlton Place Exit).
2. Take Hwy 7 West through Smith Falls to Havelock.
3. In Havelock turn left onto Hwy 7 west toward Peterborough.
4. Before Peterborough turn right onto Hwy 28 (formerly Hwy 134) north toward Lakefield.
5. Remain on Hwy 28 until it ends at County Road 29 (ignore previous signs to Village of Lakefield).
6. Turn left onto County Road 29 south.
7. Proceed 1 km. on County Road 29, turn right at the School sign.

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## How to get in touch with us while camp is in session.

We expect to be busy at dance workshops and with our evening programs. We may not be immediately accessible by phone. Please leave a message and we will return your call as soon as possible. Homesickness is natural. Please try and limit your contact with your child during the week.

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## What to Bring to Camp

We will be going to see a play in Toronto. You will need a suitable outfit. You will need casual clothes for the evenings. Please remember that we will be doing crafts, which may involve paint.

Please pack accordingly.

Enough dance wear to last for 6 days.  
Dance Shoes -Tap, Jazz, Ballet, Hip-Hop Runners  
Bedding and Pillows  
Pajamas  
Swim Suit (the school is located on a lake)  
Towels (bathing and swimming)  
Water Shoes  
Toiletries (toothbrush, toothpaste, soap, washcloth, shampoo, brush)  
Books / Magazines to read  
Camera and chargers  
Hangers for clothing  
iPods and Speakers are welcome  
Sunscreen  
Bug Spray  
Money for Tuck shop  
Extra money for our trip to Toronto-the dancer's may want to buy a souvenir from the show  
**A fan for your room, the dorms become very hot in the summer.**

Cell phones – Note if you do bring a cell phone it is expected that your cell phone will be turned off during the day particularly during workshops. They must also be off during our evening activities.

**Medications** should remain in their original containers, be clearly labeled with your child's name and be given to the camp staff upon arrival. This includes prescription and non prescription medication, creams, vitamins and herbal remedies.

**Water bottles are mandatory.** We will be in workshops all day and your dancer will need to re-hydrate regularly.

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**Bedding:** Bedding will not be provided. Please send your child with sheets and blankets or a sleeping bag and bottom sheet and a pillow.

## What not to bring to camp:

**Nuts, Peanuts...**any items containing nuts and peanuts

### Cigarettes, Illegal Drugs, Alcohol

We have a strict no smoking/drugs/alcohol policy. Possession or use of any of these substances either at camp or on trips will result in the dancer being sent home without refund. Please make sure your child is aware of this policy. . Please remember that Lakefield College is a smoke free facility.

### Items that Pose a Fire Risk

Matches, lighters, candles, fireworks and any other items which pose a potential fire hazard in the dorms should never be brought to camp

### Weapons

Neither objects that might be used as weapons, nor objects that might be mistaken for weapons should be brought onto the camp property.

**Do not bring valuables to camp.** The Beat is not responsible for the loss, theft or damage of belongings – your own additional insurance is recommended. All items of clothing and personal possessions should be clearly labeled with your name.